

2020 Lexington Minutemen Covid-19 Guidelines for Fall Sports/Activities

Student and Parent Expectations

1. Student athletes must have a physical (also Annual Requirements) on file before being allowed to compete.
2. Participants and their parents understand that participants will be required to wear a mask, gaiter, or other face covering when not directly involved in strenuous activity. This includes being worn on the sideline, before and after practice at the practice site (school and non-school), on the bus, in the locker room, and any “down” times in practice.
3. Parents/Guardians agree to monitor their participant for symptoms of Covid-19 and agree to keep them home and contact their head coach/sponsor if any of these symptoms develop. Please keep your child home for the day if, your child has a temperature of 100+, is not feeling well, just not acting like themselves or displaying symptoms such as:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
4. Parents/Guardians agree to contact the head coach/sponsor immediately if their student-athlete or anyone else in their household tests positive for Covid-19.

Bus Protocols for Contests Out of Town

1. Coaches/Sponsors will have a set seating chart for all away contests.
2. Masks must be worn at all times by all riders.
3. Only essential team personnel will attend out of town contests. Injured participants or participants on levels not expected to play will not make out of town trips (e.g. freshman level players to a varsity contest).

Practice and Contest Protocols

1. Spectators at contests have not been determined at this time. More information to be announced.
2. Coaches/Sponsors must maintain a daily log of all attendees (including staff). Daily logs should be kept until further notice and be produced at any time at the request of the activities director.

3. Coaches/Sponsors and participants will be required to wear a mask, gaiter, or other face covering when not directly involved in strenuous activity. This includes being worn on the sideline, before and after practice at the practice site (school and non-school), on the bus, in the locker room, and any “down” times in practice. Students who choose to wear a face covering during strenuous activity must be allowed to do so.
4. All practices for the fall are “closed.” Therefore, only team essential personnel are allowed inside practice facilities or in the immediate vicinity of practices. Parents/Guardians are asked to stay in the parking lot when picking up or dropping off.
5. Coaches/Sponsors and participants must wash or sanitize their hands upon entering and leaving any facility. Hand sanitizer should be available for use during practice sessions and contests.
6. Coaches/Sponsors will be responsible for ensuring all team used equipment is cleaned between sessions. When possible, equipment should be wiped down during sessions. Personal protective equipment should not be shared.
7. Band/Choir will practice outside as weather permits. If inside, then chairs will be spaced 6ft apart to social distance and will be broken into smaller groups when rehearsing. Those not rehearsing will continue to have a mask on. The ability to sing while wearing mask is being looked into by choir teacher.
8. There should be no pre-game or post-games handshakes/high fives/fist bumps with members of the opposing team.
9. Locker room usage should be limited as much as possible and participants should practice social distancing and mask wearing. Coaches of programs with limited locker room space should coordinate staggered use of the locker room so distancing can be practiced.
10. All participants are required to bring and fill their own water bottles/containers. Water bottles/containers must not be shared.
11. Communal drink stations such as hydration carts will not be used. Participants are encouraged to bring larger than normal water containers to limit the need for refilling.
12. Managers will not assist with the personal water containers of participants and staff.
13. Only essential team personnel should occupy the team bench. Injured players, JV players at Varsity games, etc. should not occupy the bench to better allow for social distancing.
14. All out of state travel for contests has been suspended.
15. All overnight stays for contests have been suspended.

POSITIVE TEST

If a participant tests positive, we will follow the MSHSAA return to play protocol or schools return to learn plan.

Lexington will continue to look at any new information sent out by local Health Department and MSHSAA and monitor any changes that may need to be applied.

Personal Responsibility = Team and Community Safety